

# JOB DESCRIPTION

## PHYSICAL THERAPIST ASSISTANT

DEPARTMENT: CLINICAL SERVICES

REPORTS TO: DIRECTOR OF PATIENT CARE SERVICES

### POSITION SUMMARY:

This position is responsible for continuity of physical therapy treatment and instruction of home health care patients, under the direction of a Registered Physical Therapist, to detect, assess, prevent, correct, alleviate and limit physical disability, movement, dysfunction, bodily malfunction and pain from injury, disease and any other bodily conditions in accordance with accreditation requirements, Title 22, licensure regulations and the organization's policies and procedures.

### ESSENTIAL JOB FUNCTIONS:

- Performs physical therapy treatment as prescribed by the referring physician under the supervision of a Registered Physical Therapist, and in accordance with the LMVNA procedure manual and reviews treatment plan as indicated.
- Monitors and progresses patients in use of therapeutic and self-care activities to improve function and increase independence, and reports these findings to the supervising physical therapist.
- Instructs family members, caregivers and LMVNA personnel involving them in the treatment program by encouraging them to follow through with those procedures that they can safely perform or supervise.
- Communicates with the patient's physician and the Registered Physical Therapist on a regular basis to keep him/her apprised of the patient's plan of care, responses and status and ensures physicians' orders are followed according to LMVNA policy.
- Communicates, coordinates and consults with other interdisciplinary team members regarding the patient's plan of care and status, including case conferences.
- Demonstrates understanding of LMVNA and third party payor or treatment guidelines and documentation required for payment.
- Attends case conference meetings and prepares clinical and progress notes as required, submitting documentation in a timely manner.
- Participates in the Quality Improvement process as assigned.
- Understands and adheres to all licensing and certification regulations pertinent to job.
- Participates in a process to maintain good internal and external customer satisfaction.

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- Meets daily average productivity standard set by LMVNA (if full-time employee).
- Rotates on-call for weekends and holidays as assigned.
- Responsible for maintaining integrity of the medical record for each patient whose care they are managing.
- Legibly documents skilled care and other patient-related forms, accurately, timely and appropriately for reimbursement, regulatory and compliance mandates.
- Performs other related duties as assigned by supervisor.

**QUALIFICATIONS AND REQUIREMENTS:**

**EDUCATION:**

Graduation from an accredited physical therapy assistant program with an Associate degree from an accredited college or university.

Current California Physical Therapy Assistant License.

Current CPR certification

**EXPERIENCE:**

Two years successful experience that involves use of modalities equipment and rehabilitation techniques.

**PHYSICAL DEMANDS REQUIRED TO PERFORM ESSENTIAL JOB FUNCTIONS:**

- Must be able to stand up life (floor to waist) up to 50 lbs. frequently, level lift up to 24 lbs. frequently and 25-50 lbs. occasionally.
- Must be able to lift and carry up to 10 lbs. 100 feet occasionally, up to 24 lbs. 20 feet occasionally.
- Must be able to lift overhead up to 10 lbs. occasionally.
- Must be able to stand and walk frequently, sit occasionally, bend/stoop/squat/crouch occasionally, climb ladder/step stool/stairs occasionally and kneel/balance and reach above shoulders occasionally, reach below shoulders frequently, twist and turn occasionally.
- Pulls – patient positioning during transfer frequently, draw sheet pull 50 lbs. occasionally. Push – carts, tables and beds up to 40 lbs. occasionally.
- Hands – repetitive motion frequently, fine manipulation frequently, gross manipulation occasionally. Right hand – simple grasp under 50 lbs. frequently, firm grasp over 50 lbs. occasionally. Left hand – simple grasp under 50 lbs. frequently, firm grasp over 50 lbs. occasionally.
- Wrist – up and down motion, side to side motion occasionally.

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- Foot pedals (bed locks, lift chairs, etc.) occasionally.
- Speaking/hearing occasionally (vital signs, etc.)
- Speaking/hearing in person/phone/call system frequently.
- Oral communication, speaking clearly constantly.
- Reading/writing (computer charting, English required) constantly.
- Close eye work/small figures, etc., frequently, color differentiation occasionally.
- Distinguish temperature by touch frequently, by proximity occasionally.

**ENVIRONMENTAL REQUIREMENTS (POSSIBLE EXPOSURE TO):**

- Blood/body fluids, infectious disease frequently.
- Anti-neoplastic agents occasionally.
- Dust, fumes, gases, sharp objects occasionally.
- Animal dander.
- Driving auto equipment frequently.
- Abusive language and violent behavior from patients occasionally.

\* KEY: Constant      67 – 100% of the time  
Frequently      34 – 66% of the time  
Occasionally      1 – 33% of the time

PHYSICAL THERAPIST ASSISTANT

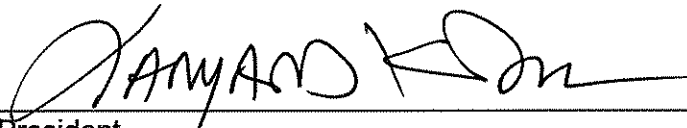
STANDARD OF PERFORMANCE AND ACCOUNTABILITY:

All employees will maintain high standards of integrity and business ethics, will abide by the organization's compliance program, rules, policies and procedures, applicable laws and regulations, will conduct self in an honest, ethical manner and report promptly any suspected violation of compliance standards to the Compliance Officer.

All employees will abide by the Injury and Illness Prevention Program (IIPP).

All employees will be held accountable in meeting all functions as defined within the scope of their job description, which includes all goals and objectives set for the position.

If accountability standards are not met, the employee may be given an oral warning followed by a written warning. However, the organization reserves the right to proceed directly to a written warning or separation from employment for misconduct or performance deficiency without resort to prior disciplinary steps when the organization deems such action is appropriate.

  
\_\_\_\_\_  
President

5-23-11  
\_\_\_\_\_  
Date

\_\_\_\_\_  
Supervisor

\_\_\_\_\_  
Date

\_\_\_\_\_  
Employee

\_\_\_\_\_  
Date